

## WORLD AUTISM AWARENESS DAY

## APRIL 2<sup>ND</sup>

Since 2007, **April 2<sup>nd</sup>** has been traditionally recognized as **World or International Autism Awareness Day** and the Governor's Council on Disabilities and Special Education has used the **Autism Awareness/Acceptance Month** as an opportunity to share information relating to Autism Spectrum Disorders.

Some ways to participate in the World Autism Awareness Day and the National Autism Awareness Month:

- 1. Print and Share Friendship Fact Autism Awareness Bookmarks by the Learning Curve
- Learn & Share information about autism-related wandering <u>Autism Safety Be</u> <u>AWAARE!</u>
  - NAA's Be Ready Booklet for Caregivers (is a free, downloadable toolkit containing extensive resources to help caregivers prevent and respond to wandering incidents. Printed copies of this booklet are included in NAA's Big Red Safety Boxes, also in Spanish)
  - First Responder Toolkit
  - Teacher Toolkit
  - Provide a copy of the <u>First Responder Toolkit</u> to your local police department. Ask them to implement Reverse 911 in your county and read the included Directive from the National Center for Missing & Exploited Children.



- 3. Learn & Share information about a new autism related website **AweTsome**.
- 4. Employment resources:
  - Employment Resources for Alaskans with Disabilities (Division of <u>Vocational Rehabilitation</u>) that assist people with disabilities in obtaining and keeping a job
  - <u>Project Search</u> (Anchorage, Fairbanks, Mat-Su): a school-to-work transition
    program that is designed to prepare young adults with intellectual and
    developmental disabilities for competitive, integrated employment. A successful
    outcome with Project SEARCH is defined as competitive employment in an
    integrated setting, working at least 16 hours per week year-round, and earning the
    prevailing wage for the area.
- 5. Print out and laminate Autism Awareness bookmarks.
- 6. Listen and share a great on-line module. <u>Autism Internet Modules are excellent</u> and free.
- 7. Learn about fantastic people with autism. Haley Moss is an accomplished artist and author. She has written a GREAT book, Middle School: The Stuff Nobody tells You about and A Freshman Survival Guide for College Students with Autism Spectrum Disorders.
- 8. Watch a video "Autistic Student's inspirational Graduation Speech."
- 9. <u>CDC free library of photos and videos of developmental milestones 2 months 5</u> years
- 10. Alaska Autism Resource Center (AARC) Resources:
  - Training Events AARC will be offering at least 8 training topics in 3 series (Autism Basics, Let's Get Social, Parent Talk)
  - Subscribe to our public AARC event calendar.
  - Visit AARC event hub to sign up for events!



- Sign up for AARC Tip of the Month we will send out written instructions on how to navigate our hub and platforms in mid-March.
- Subscribe to AARC YouTube Channel and our Facebook, Twitter, and Instagram accounts. We will post a Quick Tip Tuesday video tutorial on accessing everything and will also post announcements on our social media
- Alaska Walks for Autism Kick-Off (April 2nd World Autism Day), Participation (April 2nd - 9th), Closing Ceremonies (April 10th)
- <u>Autism Roadshow:</u> People with Disabilities Want More Than Entry Level Jobs.
   They Want Careers! Register for a webinar of self-advocate Max Barrows April 17 at 9am; Tuesdays in April at 6pm. Participation: April 2nd 9th, Closing Ceremonies: April 10<sup>th</sup>.
- <u>Family Fun Nights</u> (Tuesdays & Fridays): inclusive & supported family fun. Play Bingo and Kahoot with AARC.



FOR MORE INFORMATION CONTACT: GCDSE@alaska.gov OR 1 (888) 269-8990.